

Practice Problems: Trig Substitution

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The following are solutions to the Trig Substitution practice problems posted on November 9.

1. Use trig substitution to show that $\int \frac{1}{\sqrt{1-x^2}} dx = \sin^{-1} x + C$

Solution: Let $x = \sin \theta$, then $dx = \cos \theta$:

$$\int \frac{1}{\sqrt{1-x^2}} dx = \int \frac{1}{\sqrt{1-\sin^2 \theta}} \cdot \cos \theta d\theta = \int \frac{\cos \theta}{\cos \theta} d\theta = \int d\theta = \theta + C = \sin^{-1} x + C$$

□

2. Use trig substitution to show that $\int \frac{1}{1+x^2} dx = \tan^{-1} x + C$

Solution: Let $x = \tan \theta$, then $dx = \sec^2 \theta d\theta$:

$$\int \frac{1}{1+x^2} dx = \int \frac{1}{1+\tan^2 \theta} \cdot \sec^2 \theta d\theta = \int \frac{\sec^2 \theta}{\sec^2 \theta} d\theta = \int d\theta = \theta + C = \tan^{-1} x + C$$

□

3. $\int \frac{1}{x^2 \sqrt{x^2+4}} dx$

Solution: Let $x = 2 \tan \theta$, then $dx = 2 \sec^2 \theta d\theta$:

$$\begin{aligned} \int \frac{1}{x^2 \sqrt{x^2+4}} dx &= \int \frac{1}{4 \tan^2 \theta \sqrt{4 \tan^2 \theta + 4}} \cdot 2 \sec^2 \theta d\theta = \int \frac{2 \sec^2 \theta}{4 \tan^2 \theta \cdot 2 \sec \theta} d\theta \\ &= \int \frac{\sec \theta}{4 \tan^2 \theta} d\theta = \frac{1}{4} \int \frac{\cos \theta}{\sin^2 \theta} d\theta \end{aligned}$$

Now let $w = \sin \theta$, then $dw = \cos \theta d\theta$:

$$\frac{1}{4} \int \frac{\cos \theta}{\sin^2 \theta} d\theta = \frac{1}{4} \int \frac{1}{w^2} dw = -\frac{1}{4w} + C = -\frac{1}{4} \csc \theta + C$$

Next, we need to plug back in x . Originally we had the substitution $x = 2 \tan \theta$, so $\tan \theta = \frac{x}{2}$. This means our opposite side is x , our adjacent side is 2, and the hypotenuse is $\sqrt{x^2+4}$. Then we have

$$\int \frac{1}{x^2 \sqrt{x^2+4}} dx = -\frac{1}{4} \csc \theta + C = -\frac{\sqrt{x^2+4}}{4x} + C$$

□

$$4. \int \frac{\sqrt{1+x^2}}{x} dx$$

Solution: Let $x = \tan \theta$, then $dx = \sec^2 \theta d\theta$:

$$\begin{aligned} \int \frac{\sqrt{1+x^2}}{x} dx &= \int \frac{\sqrt{1+\tan^2 \theta}}{\tan \theta} \cdot \sec^2 \theta d\theta = \int \frac{\sec \theta \sec^2 \theta}{\tan \theta} d\theta = \int \frac{\sec \theta (1+\tan^2 \theta)}{\tan \theta} d\theta \\ &= \int \left(\frac{\sec \theta}{\tan \theta} + \frac{\sec \theta \tan^2 \theta}{\tan \theta} \right) d\theta = \int (\csc \theta + \sec \theta \tan \theta) d\theta = \ln |\csc \theta - \cot \theta| + \sec \theta + C \end{aligned}$$

Our substitution was $x = \tan \theta$, so our triangle has opposite side x , adjacent side 1, and hypotenuse $\sqrt{x^2+1}$. Then

$$\int \frac{\sqrt{1+x^2}}{x} dx = \ln |\csc \theta - \cot \theta| + \sec \theta + C = \ln \left| \frac{\sqrt{x^2+1}}{x} - \frac{1}{x} \right| + \sqrt{x^2+1} + C$$

□

$$5. \int_0^a x^2 \sqrt{a^2 - x^2} dx$$

Solution: Let $x = a \sin \theta$, then $dx = a \cos \theta d\theta$. We should also change the bounds. When $x = a$, $\sin \theta = 1 \Rightarrow \theta = \frac{\pi}{2}$. When $x = 0$, $\sin \theta = 0 \Rightarrow \theta = 0$.

$$\int_0^a x^2 \sqrt{a^2 - x^2} dx = \int_0^{\pi/2} a^2 \sin^2 \theta \sqrt{a^2 - a^2 \sin^2 \theta} \cdot a \cos \theta d\theta = a^4 \int_0^{\pi/2} \sin^2 \theta \cos^2 \theta d\theta$$

Use half angle identity:

$$\begin{aligned} a^4 \int_0^{\pi/2} \sin^2 \theta \cos^2 \theta d\theta &= a^4 \int_0^{\pi/2} \frac{1}{2} (1 - \cos 2\theta) \frac{1}{2} (1 + \cos 2\theta) d\theta = \frac{a^4}{4} \int_0^{\pi/2} (1 - \cos^2 2\theta) d\theta \\ &= \frac{a^4}{4} \int_0^{\pi/2} \sin^2 2\theta d\theta = \frac{a^4}{4} \int_0^{\pi/2} \frac{1}{2} (1 - \cos^2 4\theta) d\theta = \frac{a^4}{8} \left(\theta - \frac{1}{4} \sin 4\theta \right) \Big|_0^{\pi/2} = \frac{a^4 \pi}{16} \end{aligned}$$

□

$$6. \int_0^{0.6} \frac{x^2}{\sqrt{9-25x^2}} dx$$

Solution: Let's simplify the integral a little bit:

$$\int_0^{0.6} \frac{x^2}{\sqrt{9-25x^2}} dx = \int_0^{0.6} \frac{x^2}{\sqrt{9(1-\frac{25}{9}x^2)}} dx = \int_0^{0.6} \frac{x^2}{3\sqrt{1-(\frac{5}{3}x)^2}} dx$$

Let $\frac{5}{3}x = \sin \theta$, then $x = \frac{3}{5} \sin \theta$ and $dx = \frac{3}{5} \cos \theta d\theta$. We should also change the bounds. When $x = 0.6$, $\sin \theta = 1 \Rightarrow \theta = \frac{\pi}{2}$. When $x = 0$, $\sin \theta = 0 \Rightarrow \theta = 0$. Then

$$\int_0^{0.6} \frac{x^2}{3\sqrt{1-(\frac{5}{3}x)^2}} dx = \int_0^{\pi/2} \frac{(\frac{3}{5} \sin \theta)^2}{3\sqrt{1-\sin^2 \theta}} \cdot \frac{3}{5} \cos \theta d\theta = \int_0^{\pi/2} \frac{(\frac{3}{5})^3 \sin^2 \theta \cos \theta}{3 \cos \theta} d\theta$$

$$= \frac{9}{125} \int_0^{\pi/2} \sin^2 \theta d\theta = \frac{9}{125} \cdot \frac{1}{2} \int_0^{\pi/2} (1 - \cos 2\theta) d\theta = \frac{9}{250} \left(\theta - \frac{1}{2} \sin 2\theta \right) \Big|_0^{\pi/2} = \frac{9\pi}{500}$$

□

7. $\int_0^1 \sqrt{x^2 + 1} dx$

Solution: Let $x = \tan \theta$, then $dx = \sec^2 \theta d\theta$. When $x = 1$, $\tan \theta = 1 \Rightarrow \theta = \frac{\pi}{4}$. When $x = 0$, $\tan \theta = 0 \Rightarrow \theta = 0$. Then

$$\int_0^1 \sqrt{x^2 + 1} dx = \int_0^{\pi/4} \sqrt{\tan^2 \theta + 1} \cdot \sec^2 \theta d\theta = \int_0^{\pi/4} \sec^3 \theta d\theta$$

We did this integral on a previous practice sheet, you just need to use integration by parts:

$$\int_0^{\pi/4} \sec^3 \theta d\theta = \frac{1}{2} (\sec \theta \tan \theta + \ln |\sec \theta + \tan \theta|) \Big|_0^{\pi/4} = \frac{1}{2} (\sqrt{2} + \ln(\sqrt{2} + 1))$$

□

8. $\int \frac{x}{\sqrt{x^2 + x + 1}} dx$

Solution: Complete the square: $x^2 + x + 1 = (x + \frac{1}{2})^2 + \frac{3}{4}$. Then

$$\int \frac{x}{\sqrt{x^2 + x + 1}} dx = \int \frac{x}{\sqrt{(x + \frac{1}{2})^2 + \frac{3}{4}}} dx$$

Let $u = x + \frac{1}{2}$, then $du = dx$:

$$\int \frac{x}{\sqrt{(x + \frac{1}{2})^2 + \frac{3}{4}}} dx = \int \frac{u - \frac{1}{2}}{\sqrt{u^2 + \frac{3}{4}}} du = \int \frac{u}{\sqrt{u^2 + \frac{3}{4}}} du - \frac{1}{2} \int \frac{1}{\sqrt{u^2 + \frac{3}{4}}} du$$

We will use the same substitution for both integrals. Let $u = \frac{\sqrt{3}}{2} \tan \theta$, then $du = \frac{\sqrt{3}}{2} \sec^2 \theta d\theta$:

$$\begin{aligned} \int \frac{u}{\sqrt{u^2 + \frac{3}{4}}} du - \frac{1}{2} \int \frac{1}{\sqrt{u^2 + \frac{3}{4}}} du &= \int \frac{\frac{\sqrt{3}}{2} \tan \theta}{\sqrt{\frac{3}{4} \tan^2 \theta + \frac{3}{4}}} \frac{\sqrt{3}}{2} \sec^2 \theta d\theta - \frac{1}{2} \int \frac{1}{\sqrt{\frac{3}{4} \tan^2 \theta + \frac{3}{4}}} \frac{\sqrt{3}}{2} \sec^2 \theta d\theta \\ &= \int \frac{\frac{\sqrt{3}}{2} \tan \theta \frac{\sqrt{3}}{2} \sec^2 \theta}{\frac{\sqrt{3}}{2} \sec \theta} d\theta - \frac{1}{2} \int \frac{\frac{\sqrt{3}}{2} \sec^2 \theta}{\frac{\sqrt{3}}{2} \sec \theta} d\theta = \frac{\sqrt{3}}{2} \int \sec \theta \tan \theta d\theta - \frac{1}{2} \int \sec \theta d\theta \\ &= \frac{\sqrt{3}}{2} \sec \theta - \frac{1}{2} \ln |\sec \theta + \tan \theta| + C \end{aligned}$$

Now we need to plug u back in. Our substitution was $u = \frac{\sqrt{3}}{2} \tan \theta$, so our triangle will have u on the opposite side, $\frac{\sqrt{3}}{2}$ on the adjacent side, and $\sqrt{u^2 + \frac{3}{4}}$ on the hypotenuse. So then

$$\frac{\sqrt{3}}{2} \sec \theta - \frac{1}{2} \ln |\sec \theta + \tan \theta| + C = \sqrt{u^2 + \frac{3}{4}} - \frac{1}{2} \ln \left| \frac{2\sqrt{u^2 + \frac{3}{4}}}{\sqrt{3}} + \frac{2u}{\sqrt{3}} \right| + C$$

Next plug back in x :

$$\int \frac{x}{\sqrt{(x + \frac{1}{2})^2 + \frac{3}{4}}} dx = \sqrt{\left(x + \frac{1}{2}\right)^2 + \frac{3}{4}} - \frac{1}{2} \ln \left| \frac{2\sqrt{(x + \frac{1}{2})^2 + \frac{3}{4}}}{\sqrt{3}} + \frac{2(x + \frac{1}{2})}{\sqrt{3}} \right| + C$$

□

9. $\int \frac{x^2}{(3 + 4x - 4x^2)^{3/2}} dx$

Solution: Complete the square: $3 + 4x - 4x^2 = 3 - 4(x^2 - x) = 3 - 4(x^2 - x + \frac{1}{4} - \frac{1}{4}) = 3 - 4(x - \frac{1}{2})^2 + 1 = 4 - 4(x - \frac{1}{2})^2$. So then

$$\int \frac{x^2}{(3 + 4x - 4x^2)^{3/2}} dx = \int \frac{x^2}{(\sqrt{4 - 4(x - \frac{1}{2})^2})^3} dx = \int \frac{x^2}{8(\sqrt{1 - (x - \frac{1}{2})^2})^3} dx$$

Let $u = x - \frac{1}{2}$, $du = dx$:

$$\begin{aligned} \int \frac{x^2}{8(\sqrt{1 - (x - \frac{1}{2})^2})^3} dx &= \int \frac{(u + \frac{1}{2})^2}{8(\sqrt{1 - u^2})^3} dx = \frac{1}{8} \int \frac{u^2 + u + \frac{1}{4}}{(\sqrt{1 - u^2})^3} du \\ &= \frac{1}{8} \left(\int \frac{u^2}{(\sqrt{1 - u^2})^3} du + \int \frac{u}{(\sqrt{1 - u^2})^3} du + \frac{1}{4} \int \frac{1}{(\sqrt{1 - u^2})^3} du \right) \end{aligned}$$

Now let $u = \sin \theta$, so $du = \cos \theta d\theta$:

$$\begin{aligned} &= \frac{1}{8} \left(\int \frac{\sin^2 \theta}{(\sqrt{1 - \sin^2 \theta})^3} \cos \theta d\theta + \int \frac{\sin \theta}{(\sqrt{1 - \sin^2 \theta})^3} \cos \theta d\theta + \frac{1}{4} \int \frac{1}{(\sqrt{1 - \sin^2 \theta})^3} \cos \theta d\theta \right) \\ &= \frac{1}{8} \left(\int \frac{\sin^2 \theta \cos \theta}{\cos^3 \theta} d\theta + \int \frac{\sin \theta \cos \theta}{\cos^3 \theta} d\theta + \frac{1}{4} \int \frac{\cos \theta}{\cos^3 \theta} d\theta \right) \\ &= \frac{1}{8} \left(\int \frac{\sin^2 \theta}{\cos^2 \theta} d\theta + \int \frac{\sin \theta}{\cos^2 \theta} d\theta + \frac{1}{4} \int \frac{1}{\cos^2 \theta} d\theta \right) \\ &= \frac{1}{8} \left(\int \tan^2 \theta d\theta + \int \sec \theta \tan \theta d\theta + \frac{1}{4} \int \sec^2 \theta d\theta \right) \\ &= \frac{1}{8} \left(\int (\sec^2 \theta - 1) d\theta + \int \sec \theta \tan \theta d\theta + \frac{1}{4} \int \sec^2 \theta d\theta \right) \\ &= \frac{1}{8} \left(\tan \theta - \theta + \sec \theta + \frac{1}{4} \tan \theta \right) + C = \frac{1}{8} \left(\frac{5}{4} \tan \theta - \theta + \sec \theta \right) + C \end{aligned}$$

Now we need to plug u back in. Our substitution was $u = \sin \theta$, so the opposite side will be u , the hypotenuse will be 1, and the adjacent side will be $\sqrt{1 - u^2}$:

$$\frac{1}{8} \left(\frac{5}{4} \tan \theta - \theta + \sec \theta \right) + C = \frac{1}{8} \left(\frac{5}{4} \frac{u}{\sqrt{1 - u^2}} - \sin^{-1} u + \frac{1}{\sqrt{1 - u^2}} \right) + C$$

Now plug x back in:

$$\int \frac{x^2}{(3+4x-4x^2)^{3/2}} dx = \frac{1}{8} \left(\frac{5}{4} \frac{x - \frac{1}{2}}{\sqrt{1 - (x - \frac{1}{2})^2}} - \sin^{-1} \left(x - \frac{1}{2} \right) + \frac{1}{\sqrt{1 - (x - \frac{1}{2})^2}} \right) + C$$

□

10. $\int x\sqrt{1-x^4} dx$

Solution:

$$\int x\sqrt{1-x^4} dx = \int x\sqrt{1-(x^2)^2} dx$$

Let $u = x^2$, then $du = 2x dx$:

$$\int x\sqrt{1-(x^2)^2} dx = \frac{1}{2} \int \sqrt{1-u^2} du$$

Now let $u = \sin \theta$, then $du = \cos \theta d\theta$:

$$\begin{aligned} \frac{1}{2} \int \sqrt{1-u^2} du &= \frac{1}{2} \int \sqrt{1-\sin^2 \theta} \cdot \cos \theta d\theta = \frac{1}{2} \int \cos^2 \theta d\theta = \frac{1}{4} \int (1 + \cos 2\theta) d\theta \\ &= \frac{1}{4} \left(\theta + \frac{1}{2} \sin 2\theta \right) + C = \frac{1}{4} (\theta + \sin \theta \cos \theta) + C \end{aligned}$$

Plug back in u . Since $u = \sin \theta$, the opposite side will be u , the hypotenuse will be 1, and the adjacent side will be $\sqrt{1-u^2}$:

$$\frac{1}{4} (\theta + \sin \theta \cos \theta) + C = \frac{1}{4} (\sin^{-1} u + u\sqrt{1-u^2}) + C$$

Then plug back in x :

$$\int x\sqrt{1-x^4} dx = \frac{1}{4} (\sin^{-1}(x^2) + x^2\sqrt{1-x^4}) + C$$

□

11. $\int \frac{dt}{\sqrt{t^2 - 6t + 13}}$

Solution: Complete the square: $t^2 - 6t + 13 = t^2 - 6t + 9 - 9 + 13 = (t - 3)^2 + 4$. Then

$$\int \frac{dt}{\sqrt{t^2 - 6t + 13}} = \int \frac{dt}{\sqrt{(t - 3)^2 + 4}}$$

Let $t - 3 = 2 \tan \theta$, then $dt = 2 \sec^2 \theta d\theta$:

$$\int \frac{1}{\sqrt{4 \tan^2 \theta + 4}} \cdot 2 \sec^2 \theta d\theta = \int \frac{2 \sec^2 \theta}{2 \sec \theta} d\theta = \int \sec \theta d\theta = \ln |\sec \theta + \tan \theta| + C$$

Our substitution was $t - 3 = 2 \tan \theta$, so the opposite side will be $t - 3$, the adjacent side will be 2, and the hypotenuse will be $\sqrt{(t - 3)^2 + 4}$:

$$\int \frac{dt}{\sqrt{t^2 - 6t + 13}} = \ln |\sec \theta + \tan \theta| + C = \ln \left| \frac{\sqrt{(t - 3)^2 + 4}}{2} + \frac{t - 3}{2} \right| + C$$